

Recommendation



Screening for Difficulties

- **Executive Function**

- **BRIEF-P**
 - **BRIEF**
 - **BRIEF-A**
- } **Behavior Rating Inventory of Executive Function**

- **Social-Emotional Function**

- **BASC-II** **Behavior Assessment System for Children - II**
- **BAI** **Beck Anxiety Inventory**
- **BDI-II** **Beck Depression Inventory - II**

Recommendations for Evaluation

- **School evaluation for special services for children with learning differences**
- **Neuropsychological evaluation for in depth assessment of specific areas of cognition**
- **Psychological evaluation & counseling for social & behavioral difficulties**
- **Psychiatric evaluation for medication if warranted for ADHD or depression**

Recommendations for School

- **Structured school environment**
- **Small class with one-on-one instruction**
- **Arrange environment to enhance attention**
- **Extra time to complete assignments & tests**
- **Divide work into small, manageable units**
- **Written instructions for reference at any time**
- **Time to repeatedly review material**
- **Present material for study in multiple modalities**

Recommendations for Home

- **Maintain regular routine**
- **Keep calendar of daily activities**
- **Choose specific locations for important items (calendar, backpack, car keys)**
- **Remind to “stop, look, & think” before beginning tasks**
- **Alert to key points in conversation & before transitions between activities**

Recommendations for Home

- **Instruct through brief, one-step statements rather than lengthy, complicated directives**
- **Monitor performance as multiple steps of tasks are completed**
- **Assist in determining the most organized approach before beginning a task**
- **Suggest cues and meaningful organizers**
- **Generate checklists for organization**
- **Remind to complete one task before moving to another**

Recommendations for Home

- **Encourage & provide opportunities for independent completion of tasks**
- **Avoid punitive consequences when tasks are not completed independently**
- **Provide praise & concrete rewards for perseverance & completion of tasks**
- **Use time out & restriction of privileges effectively (choose your battles carefully)**